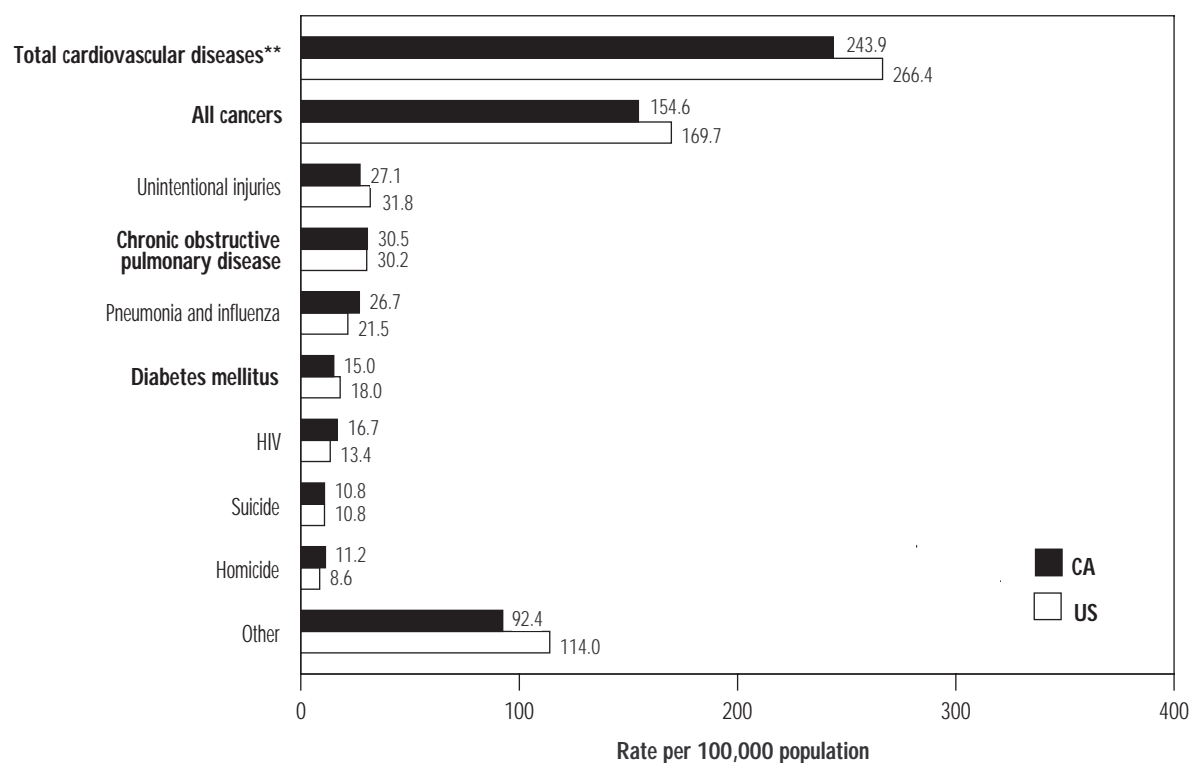


California: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in California, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is seventh.
- In 1995, 70% of all deaths in California were due to the four most common chronic disease causes of death.
- The death rate for chronic obstructive pulmonary disease was higher in California than in the United States; the death rates for total cardiovascular diseases, all cancers, and diabetes were lower.

Causes of Death, California Compared With United States, 1995*



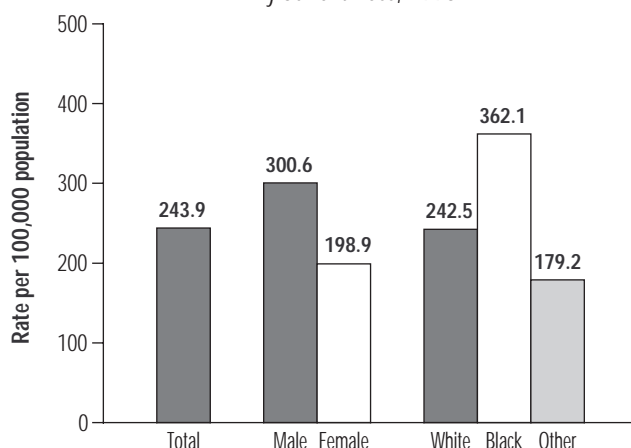
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (124.6 per 100,000 in California and 135.2 per 100,000 in the United States) and rates of death due to stroke (42.9 per 100,000 in California and 42.5 per 100,000 in the United States).

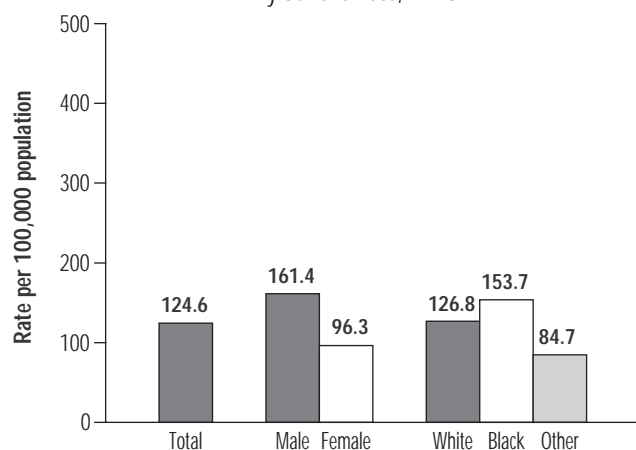
California: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in California, accounting for 39% of all deaths.
- Ischemic heart disease accounted for 51% of all cardiovascular disease deaths in California in 1995; 46,340 people in California died of ischemic heart disease.
- In 1995, 16,239 people in California died of stroke.

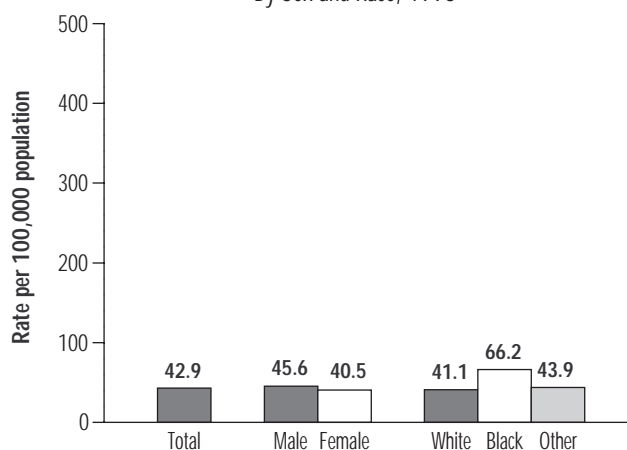
California: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



California: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



California: Stroke Death Rates
By Sex and Race, 1995

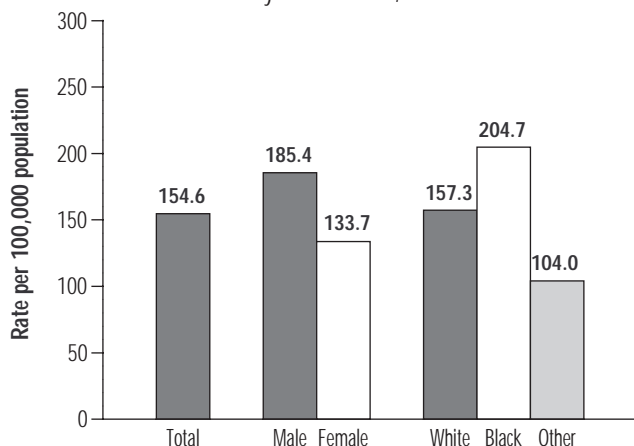


Note: All data are age adjusted, 1970 total U.S. population.

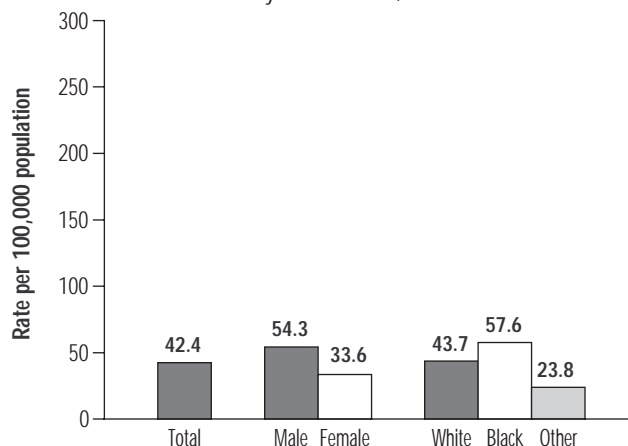
California: Cancer

- Cancer accounted for 25% of all deaths in California in 1995; 51,422 people in California died of cancer.
- In California in 1995, 13,725 people died of lung cancer, 5,112 people died of colorectal cancer, and 4,251 women died of breast cancer.
- The American Cancer Society estimates that 15,300 new cases of lung cancer, 11,300 new cases of colorectal cancer, and 17,100 new cases of breast cancer will be diagnosed in California in 1997.

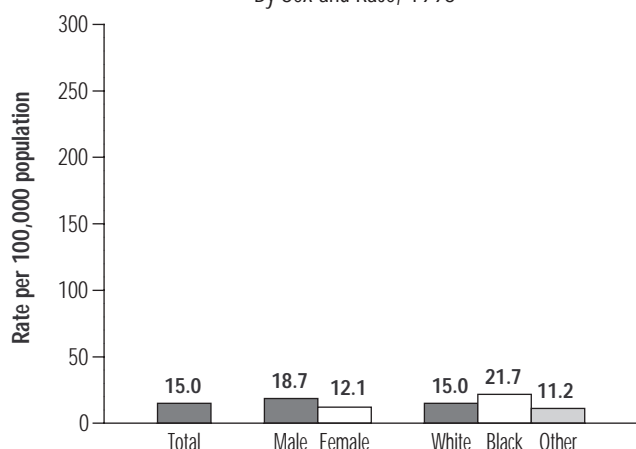
California: All Cancer Death Rates
By Sex and Race, 1995



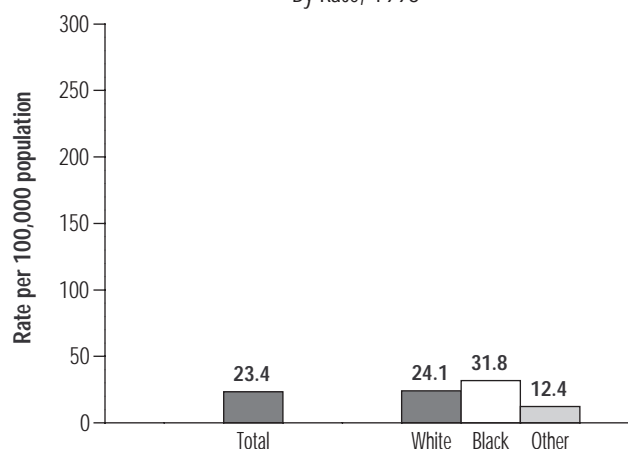
California: Lung Cancer Death Rates
By Sex and Race, 1995



California: Colorectal Cancer Death Rates
By Sex and Race, 1995



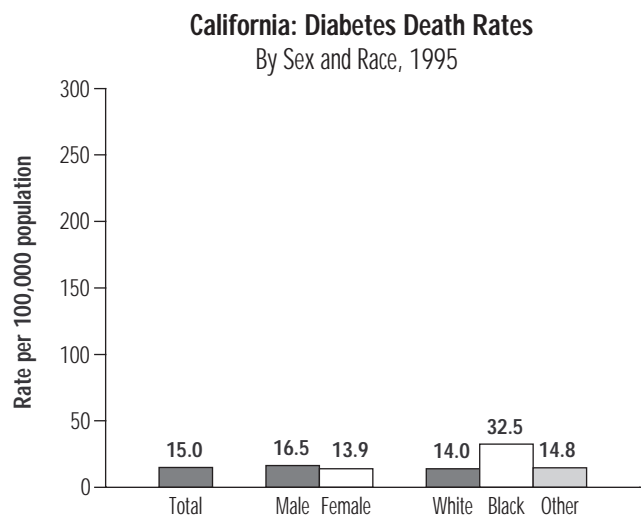
California: Breast Cancer Death Rates Among Women
By Race, 1995



Note: All data are age adjusted, 1970 total U.S. population.

California: Diabetes

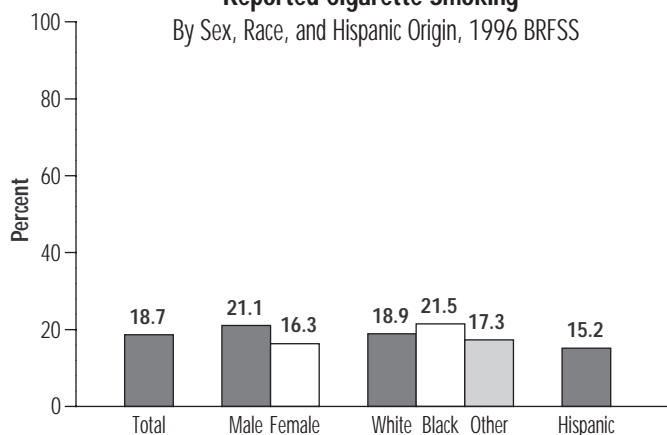
- In 1994, 1,054,127 adults in California had diagnosed diabetes.
- Diabetes was the underlying cause of 5,104 deaths in California in 1995.
- In 1993, diabetes was the most common contributing cause of 2,095 new cases of end-stage kidney disease in California.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.



Note: All data are age adjusted, 1970 total U.S. population.

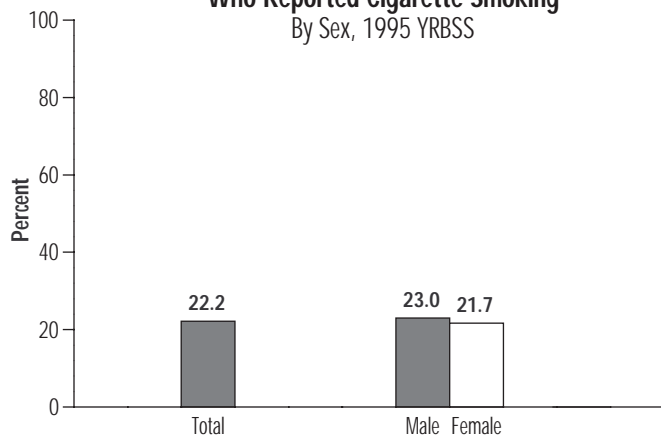
California: Risk Factors

California: Percentage of Adults Who Reported Cigarette Smoking*
By Sex, Race, and Hispanic Origin, 1996 BRFSS



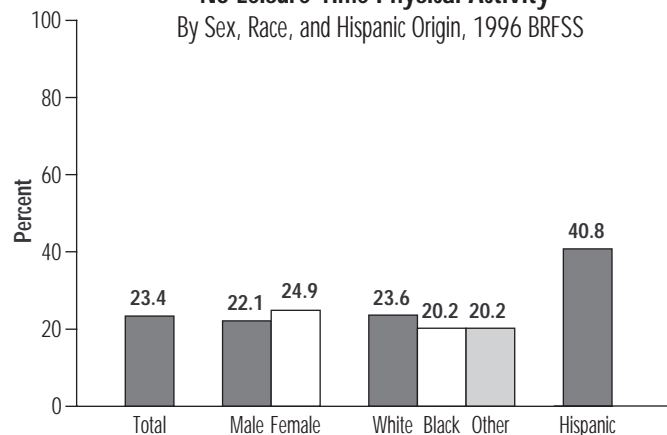
*Ever smoked at least 100 cigarettes and now smoke every day or some days.

California: Percentage of High School Students Who Reported Cigarette Smoking*
By Sex, 1995 YRBSS



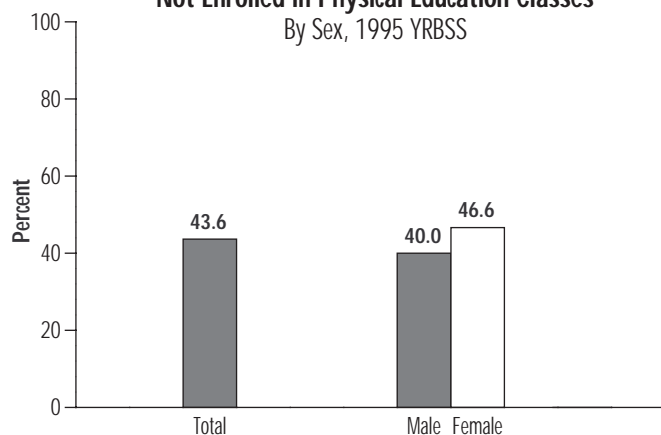
*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

California: Percentage of Adults Who Reported No Leisure-Time Physical Activity*
By Sex, Race, and Hispanic Origin, 1996 BRFSS

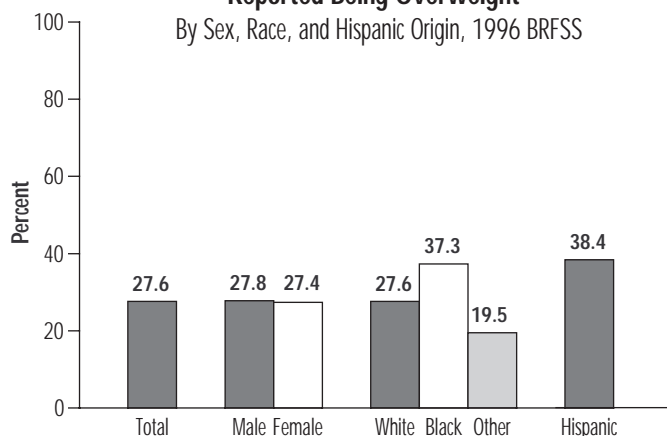


*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

California: Percentage of High School Students Not Enrolled in Physical Education Classes
By Sex, 1995 YRBSS



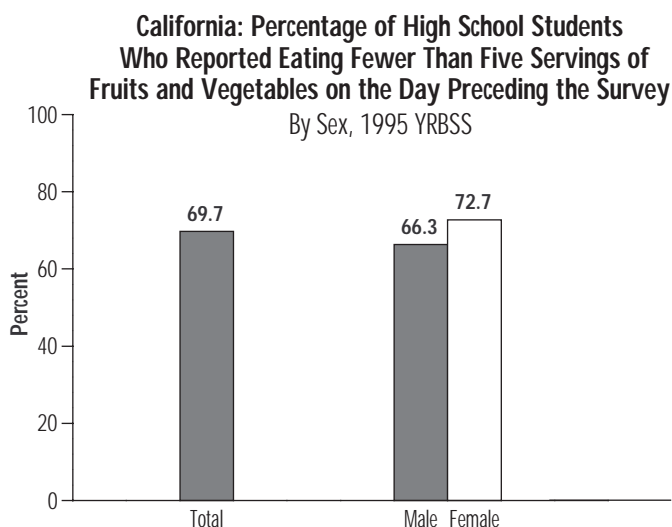
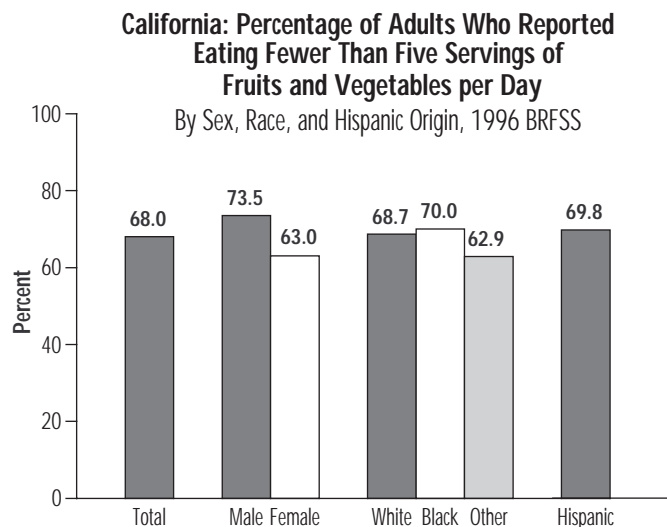
California: Percentage of Adults Who Reported Being Overweight*
By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population. YRBSS data are unweighted and thus apply only to the students participating in the survey.

California: Risk Factors

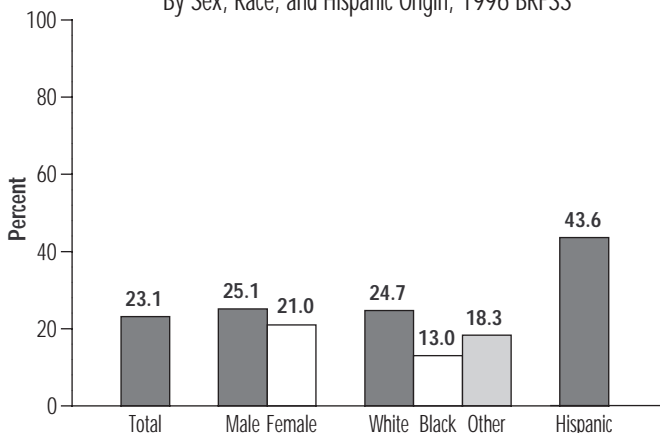


California: Preventive Services

California: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years
By Race and Hispanic Origin, 1996 BRFSS

Comparable BRFSS data not available

California: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance
By Sex, Race, and Hispanic Origin, 1996 BRFSS



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population. YRBSS data are unweighted and thus apply only to students participating in the survey.